Cub Scout Hiking Manual

Hike Number: 19

Hike Location: Maryland Heights, Maryland Heights Trail Parking, 613-699 Harpers Ferry Rd, Knoxville, MD 21758

Travel Distance: 33 miles from Ashburn Elementary School

Trail Head Location: Shenandoah Street and Potomac Street.

Blaze Color: White, Green, Red

Map Number: 19-1, 19-2



Ability Level:

Difficulty: Challenging, 5 miles roundtrip. 728ft. Elevation change.

Description: From Potomac Street follow the Appalachian Trail under the railroad over pass toward the Point. The AT will continue to the left onto a foot bridge over the Potomac River. Just before crossing the bridge, is the midpoint of the AT between Maine and Georgia. Once across the bridge turn left on the C&O canal (West) and go approximately .4 miles to a foot bridge over the canal located on the right. The Maryland Heights Trail will be directly across the road from the foot bridge and is marked with a GREEN blaze. The trail will steadily climb for .8 miles to an elevation of approximately 679ft. The trail will then split, to the left is a Naval Battery overlook, to the right the trail continues and rejoins the original trail in a few hundred yards. The trail will climb for another .3 miles and then split again (984ft. elevation). Follow the RED trail to the right. The last .5 miles of the RED trail will descend down approximately 200ft. in elevation over switchbacks to the Maryland Heights overlook.

Facilities: Water and bathrooms located along Shenandoah St. in the Lower Town

Hazards: Steep trail will long grades. Rocky trail conditions along the RED trail switchbacks. High cliffs and fall hazards at the top of the overlook.

Cub Scout Adventure Requirements:

Webelos: Webelos Walkabout 1,3,6

Arrow of Light: Outdoorsman B 1,2,4